

5 STEP OVERDOSE RESPONSE

STEP

1



SHOUT & SHAKE
their name

STEP

2



CALL 911
if unresponsive

STEP

3



ADMINISTER NALOXONE
1 spray into a nostril and/or
1 ampule into arm or leg

STEP

4



START CPR
Perform rescue breathing and/or chest compressions

STEP

5



IS IT WORKING?
If NO improvement in 2–3 minutes repeat steps 3 & 4

STAY WITH THE PERSON

Clean your hands after providing care



During overdose response. Stay up to date with your COVID-19 and flu vaccines.