

When Your Child is Ill

It is important that your child stay home and rest so he/she will get better quicker and will avoid spreading germs to the rest of the class. In fact, certain communicable diseases will require that your child stays home from school to prevent other children from catching them. Plan ahead by making arrangements of who is going to look after your child when he/she becomes ill.

Some of the common symptoms that indicate your child is ill are:

- diarrhea
- vomiting – two or more episodes in a 24-hour period
- fever (greater than 38°C) along with common cold symptoms such as sore throat, headache, loss of appetite, runny nose

Sometime a child with a fever can continue to attend school if he/she is well enough to participate in regular school activities.

If you have questions or concerns about your child's health or want information about communicable diseases, call 311 or visit www.toronto.ca/health (see A-Z index, Communicable disease control).

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