

North York District Spring and Summer 2012

Adapted Programs Integrated Services

For People With Disabilities

Exploring your Possibilities

Participating together in recreation programs enhances the quality of life for everyone. We are committed to providing the community with high quality, accessible recreation and leisure opportunities for people of all ages and abilities. People with disabilities and special needs are encouraged to participate in recreation opportunities at a level of participation suitable to their ability and program choice. This may be accomplished by registering for programs where an individual may require support in order to participate, or registering for a program that is specifically designed for people with a disability.

Here are some helpful questions to determine whether a participant may need additional support:

- Is extra support required at school or home?
- Is extra help required for personal hygiene?
- Does the participant have a physical and/or developmental disability that requires assistance?
- Does the participant access assistance from a support agency?




Participant Support Options for Programs and Camps

1. We have a limited number of staff who can provide support for individuals. 3 years and up, in order for them to participate in various programs.
2. A participant may provide their own support person.

Contact the Adapted Programs and Integrated Services recreation staff at the number listed below for assistance in obtaining participant support, or locating a recreation program.

Adapted & Integrated Information 416-395-6183

TTY 416-395-6115 (for deaf and hard of hearing callers who have a TTY line) 

Registration Information

You may be asked to attend an information sharing session prior to the start of the program. This will assist us in providing you with the appropriate support in our programs and services.

Registration Methods:

Registration information, see pages 7-8.

1. **Program Integration registration for spring and summer:** Online/Touch Tone/Telephone Assisted/ In-Person/Mail
2. **Adapted Program registrations:**
 - A) Spring–All methods in #1
 - B) Summer–All methods in #1

Program Information

Program Integration

Integration workers are offered so that participants with disabilities may choose to join programs for the mutual benefit of experiencing recreation interests together with other participants. Integration support may be offered in a 1:1, 1:2 or 1:3 ratio.

Please keep in mind:

- Parents/guardians must pay the program fee.
- If an integration worker is assigned to the participant, there will be no additional cost.
- Parents must arrange, or provide, transportation to programs.
- All applications are processed on a first-come, first-serve basis.
- In order to ensure equitable access, with our limited resources, participants may access a maximum of 2 courses

(one aquatics and one general program) in the Spring session and 2 weeks of day camp during the Summer session with integration support.

- Integration staff provide support during the camp program, but not during extended care.
- Parents/Guardians must register their child in a summer camp using the special needs barcodes.

Important: Once you have registered your child in a program, you **MUST** register for an integration worker using the barcodes provided. However, this is only a request and dependant on staff availability. If you have any questions, call 416-395-6183.

Adapted Programs

Adapted programs are specialized programs for individuals who have special needs and/or disabilities. Programs are for participants who want to be involved in recreation activities with other people who have similar interests, abilities and needs in a safe and positive environment. Staff are appropriately assigned to these programs, therefore eliminating the need for additional support staff.

Adaptive Equipment

Sledges

Sledges are adaptive skating devices that give people with disabilities the opportunity to participate in leisure skate and hockey activities. This equipment makes our facilities more accessible to all. Book your sledge a minimum of 10 business days before your intended use, by calling your district representative.

Etobicoke York: 416-394-8533
North York: 416-395-6183
Scarborough: 416-396-7760
Toronto & East York: 416-397-4923

Snoezelen Room

A Snoezelen Room provides a multi-sensory environment that allows individuals with disabilities to enjoy gentle stimulation of the primary senses, including visual, tactile, auditory and aromatherapy. This room aims to provide an oasis of tranquility where the user can relax and be given the opportunity to choose an activity at their own pace. Session times must be pre-booked in advance.

Location:

Agincourt RC, 31 Glen Watford Dr (Sheppard Ave E/Midland Ave area)

Days & Times:

Tue, 1PM-6PM & Thu/Sat, 10AM-4PM

Fee/Length of Sessions:

\$6/45 minute session

For more information, or to book a session, call 416-396-7760.

Spring Programs

We have a variety of high quality recreation and leisure programs for individuals of all ages. If you have a disability/special need, and staff support is needed:

- Register for your program.

NEW – If you are requesting a support working to assist your child in camp, after registering in the camp code(s), please register for support using the codes below.

Day	Time	Start	Code
Integration Worker		3-15 yrs	Free
M-Su	9AM-9PM	Various	1946016

Note:

1. There is a limited number of support staff available. Registration for support is provided on a first-come, first-serve basis and based on staff availability.
2. You may provide your own one-on-one support person. Call 416-395-6183 or 416-395-7927 for further details.

Adapted Baseball (6 yrs+)

Participants experience a variety of skill development, social interaction, and game-play opportunities; learn base techniques such as catching, throwing, batting, fielding, positional play and an understanding for the rules of the game.

Banbury Young Adult Program

This program incorporates on-location recreational activities with exciting and interesting off-location trips. For more information, call 416-395-7966.

Friday Night Club (18 yrs+)

Individuals with a developmental disability socialize at the Earl Bales CC. For more information, call 416-395-7873.

Friday Friends (18 yrs+)

This recreational program is for individuals who have a developmental disability. It has been a favourite gathering time for many years. For more information, call 416-395-7828.

Super/Social Clubs at Broadlands CC (13 yrs+)

This recreation/social program is for individuals who have a disability. For more information, call 416-395-7966.

Track and Field (6 yrs+)

Track and field activities, such as wheelchair racing and “putting” (shot putting). No prior knowledge or skill required. Learn the basics of mobility, positioning in the chair, flexibility, turning and control and specific techniques.

Community Partner Programs

Barrier Free Access to Swimming Program (16 yrs+)

The program provides attendant care support in the change rooms and water support in the pool. Change room support is provided by Tobias House Attendance Care Inc. and water support is provided by Parks, Forestry and Recreation staff. To be eligible for the program participants must live in Toronto, have a physical disability, and require assistance before, during or after swimming. Call the Tobias House at 416-690-8804 ext. 303 for more information and to register for the program.

EARL BALES CC

4169 Bathurst St, 416-395-7873



Day	Time	Start	Code
Friday Night Club 16 yrs+ Free/9 wks			
Fri	7PM-9PM	Mar 30	1932080

MITCHELL FIELD CC

89 Church Ave, 416-395-7828



Friday Friends 19-59 yrs Free/12 wks			
Fri	7:30PM-9:30PM	Apr 6	1977198

NORTH TORONTO MEMORIAL CC

200 Eglinton Ave W, 416-392-6591



Adaptive Aquatics 16 yrs+ Free/12 wks			
Wed	9:45AM-10:45AM	Mar 28	1948732

SUMMER SESSION

Adaptive Aquatics 16 yrs+ \$74/9 wks			
Wed	9:45AM-10:45AM	Jul 11	1949162

OAKDALE CC

350 Grandravine Dr, 416-395-6183



Learning for Life 13-29 yrs Free/9 wks			
Sat	9:30AM-12:30PM	Mar 31	1989250

TORONTO TRACK & FIELD CENTRE

4700 Keele St (York U), 416-395-6183

Accessible Track & Field 6 yrs+ \$31/9 wks			
Sun	11AM-12:30PM	Mar 25	1963189

SUMMER SESSION

Accessible Track & Field 6 yrs+ \$32/9 wks			
Sun	11AM-12:30PM	Jun 10	1963347

VIEWMOUNT PARK

169 Viewmount Ave, 416-395-6183

Accessible Baseball 6 yrs+ \$32/9 wks			
Thu	7PM-8:30PM	Jun 28	1963349
\$31/9 wks			
Thu	7PM-9PM	Aug 2	1963242



What does a quality recreation program look like?

Recreation activities play an important role in your child's life. When children are involved in something they like, they will keep doing it. Programs should be paced according to the needs of your child. Keep in mind not to over-schedule your child in too many activities.

A quality sport and recreation program:

- ★ protects your child from emotional or physical harm
- ★ fosters healthy relationships ★ is well planned and well delivered
- ★ is directed by a qualified and competent leader
- ★ does more than focus on competition
- ★ is supported by a competent organization



www.HIGHFIVE.org



Summer Camps

NEW – If you are requesting a support worker to assist your child in a camp, please also register for support using the codes below.

Day	Time	Start	Code
Integration Worker		3-15 yrs	Free/4 days
Tu-F	9AM-4PM	Jul 3	1946023
			Free/5 days
M-F	9AM-4PM	Jul 9	1946025
M-F	9AM-4PM	Jul 16	1946026
M-F	9AM-4PM	Jul 23	1946029
M-F	9AM-4PM	Jul 30	1946067
			Free/4 days
M-F	9AM-4PM	Aug 7	1946086
			Free/4 days
M-F	9AM-4PM	Aug 13	1946143
M-F	9AM-4PM	Aug 20	1946152

Youth Leadership Programs (15-21 yrs)

Leader-in-Training opportunities are available for youth with disabilities. Applicants must be interested in recreation and successfully complete an interview process. Register using the Leader-in-Training codes found on the camp pages. For more information call the Adapted & Integrated office at 416-395-6183 prior to registration.

Learning for Life Camp

This is a new specialized life skills summer camp program designed for youth with disabilities. Learn new skills in various activities of daily living such as cooking, money management, self care, community safety etc. This program strives to provide youth with disabilities the opportunity to make new friends in a fun learning environment. Activities include structured activities, day trips, swimming, special events, workshops, guest speakers etc. Ratio: 1 staff for every 4 campers.

MITCHELL FIELD CC

89 Church Ave, 416-395-6183



Day	Time	Start	Code
Learning for Life Camp		13-24 yrs	\$192/9 days
M-F	9AM-4PM	Jul 3	1946179
M-F	9AM-4PM	Jul 3	1946182
			\$214/10 days
M-F	9AM-4PM	Jul 16	1946181
M-F	9AM-4PM	Jul 16	1946183

Camp Naorca

When registering for Camp Naorca, please continue using the identified integration codes on page 22.

Commemorative AccessAbility® Table



Commemorate a special event or person with an accessible picnic table located in a City of Toronto park. This program is a joint venture between the Ontario March of Dimes and the City of Toronto.

Ontario March of Dimes, a non-profit organization dedicated to creating a society inclusive of people with disabilities, has developed the AccessAbility® Table. This universally-designed, accessible picnic table is perfect for all outdoor recreation areas. It is constructed of galvanized steel, stainless steel and plastic wood. All components are maintenance-free, have a long lifespan, and are recyclable. The stainless steel centre can be personalized with an etched dedication and/or company logo, and a built-in chessboard provides an opportunity for recreational interaction. The AccessAbility Table is a perfect way to pay tribute to someone special, honour an occasion, or raise your organization's profile.

For more information please call Elaine Darling at Ontario March of Dimes at 416-425-3463 ext. 369 or e-mail edarling@dimes.on.ca