

# North York District Spring and Summer 2012

# Youth & Leadership



**“Tell me and I forget;  
show me and I  
remember; involve  
me and I understand”**

Anonymous

**T**oronto Parks, Forestry & Recreation offers youth a wide range of recreation programs, leadership development skills and employment opportunities. A great way to meet new people, hang out with friends and learn vital life skills that will give you the “Leading Edge”.

Please note that some programs may have an additional fee for materials or supplies. Contact the program location for specific details.

## Youth Leadership Testimonials

*“Each week I learned something new, and my experience will help the community. I’ve learned how to become a leader and how to handle situations not only with children, but with myself”*

*“Being in the leadership program, I learned how to communicate and contribute equally through team work”*

*“Leadership is when you are independent and take initiative. It’s when you start to do things for yourself and your community.. when you become responsible and know what to do”*

## Leadership Programs

### Aquatic Leadership Brochure

Visit [toronto.ca/parks/swimming](http://toronto.ca/parks/swimming).

### Babysitting Training

Topics will include infant care, nutrition, child development, child safety, first aid and emergency procedures. Upon successful completion, participants will be awarded their certificate of achievement.

### Fitness Programs

We encourage youth to get into fitness, refer to the program listings on pages 35-53 for youth classes.

### HEYY (15-21 yrs)

Hearing Every Youth through Youth (HEYY) is a volunteer training program for youth to become phone line counsellors. After completing an in-depth 13-week training session, youth counsellors will work two, three-hour shifts per month and will be expected to attend a minimum of three in-service training workshops each year. Application forms are available on our website, [hey.net](http://hey.net) or call 416-698-1626.

### Leader in Training (L.I.T)

Leader in training programs allow participants to explore various leadership styles through in class practical experiences, and volunteerism. Upon program completion, participants will receive a certificate and will have the opportunity to apply for additional volunteer hours or part-time employment with the City of Toronto. Please contact your community centre to find out more about their L.I.T. program.

### Youth Advisory Council

Parks, Forestry and Recreation staff will work with youth to create youth-led opportunities within their local communities. Youth will be involved in special events, the decision making process, implementation of locally-responsive programming, and will have the opportunity to socialize with their peers in a positive, youth-friendly environment.

## Toronto Youth Cabinet

### TYC MISSION STATEMENT

The Toronto Youth Cabinet is a volunteer driven advocacy organization which strives to improve the quality of life for Toronto’s youth. In working together with City Councilors and through fostering partnerships among youth organizations, the Cabinet is dedicated to providing young people with a forum in which they are able to build an equitable, youth-friendly Toronto.

### Staff Contacts

Paul Martin, [pmartin1@toronto.ca](mailto:pmartin1@toronto.ca)..... 416 392-4927  
Laura Metcalfe, [lmetcal2@toronto.ca](mailto:lmetcal2@toronto.ca)..... 416 397-4496

### To Get Involved

Subscribe to the TYC listserv, visit [groups.tigweb.org/cabinet](http://groups.tigweb.org/cabinet) for complete instructions or visit [thetyc.ca](http://thetyc.ca).

### Toronto Youth Cabinet Goals

1. Co-host 4-5 community-driven youth events in partnership with local groups through the four quadrants.
2. Start to meet with key stakeholders in the various communities in consultation regarding how to best support youth initiatives currently underway.
3. Establish partnerships, youth outreach workers, and youth organizations on the local level to support their work.
4. Build a broader membership base throughout Toronto.
5. Identify community-based issues and initiate an advocacy process with local youth groups.

## Youth Outreach Workers

Youth Outreach Workers provide information and access to City of Toronto and local neighbourhood programs and services that will enable all youth to better engage in community activities. They can also assist in the following ways: help youth with employment opportunities within Parks, Forestry and Recreation and other agencies; show you where to find volunteer opportunities; support you with family, friends and school problems and give referrals to other services that can help.

### Etobicoke York District

Location Staff	Phone
<b>Chalkfarm CC</b> Althea Betty	416-395-7802
<b>Elmbank CC (Acting)</b> Kevin Bourne	416-394-8671
<b>Falstaff CC</b> Sean Morrison	416-395-7924
<b>James S Bell CS</b> TBA	416-394-8975
<b>Kingsview Village CC (Newcomer YOW)</b> TinaNadia Gopal	416-394-8973
<b>Mount Denis CC</b> Michael Campbell	416-394-2422
<b>North Kipling (Acting)</b> Juliana Raffit	416-394-8669

### Scarborough District

Location Staff	Phone
<b>Centennial RC/Oakridge CC</b> Tricia Clarke	416-392-6620
<b>Curran Hall CC</b> Josette Holness	416-396-4181
<b>Don Montgomery CRC</b> TBD	416-396-4383
<b>L'Amoreaux CRC (Newcomer YOW)</b> Kim Alexander	416-396-4525
<b>L'Amoreaux CRC</b> Eileen Alexander	416-396-4525
<b>Malvern CC</b> Donalessa Birkett	416-396-4395
<b>McGregor CRC</b> Maggie Bozdarov	416-396-4921
<b>Scarborough Village CC</b> Nigel Levy	416-396-5155

### City-wide

Location	Staff	Phone
<b>Supervisor</b>	Carlotta Thomas	416-395-6031
<b>Community Recreation Programmer</b>	Andrea Barrowclough	416-338-3759

## Toronto Youth Job Corps

Toronto Youth Job Corps is a full time six week employment preparation program for youth 16-29 years old who are out of school and unemployed and is delivered in two phases:

**Phase One:** Consists of five weeks of paid employment where youth participate in employment workshops and in a "hands on" work project in the community. Individual employment counselling is also provided to assist youth in developing a plan of action to start on the path of reaching their employment goals.

**Phase Two:** Youth are placed in a paid internship with an employer for 16 to 24 weeks in a job that fits with their employment goals.

Support is provided throughout the placement by Toronto Youth Job Corps counselling staff.

### Locations:

JVS Youthinc  
1911 Finch Avenue, West, Unit #3, 416-636-2481

West Scarborough Neighbourhood C.C.  
1919 Lawrence Ave. East, Unit 303, 416-615-1049

St. Christopher House  
1033 King Street West, 416-848-7980 ext. 224

## STOMP Urban Dance Competition/Showcase 2012

In 2002 STOMP Urban Dance Competition/Showcase was born. This event was created as a vision to engage young women in recreation programs. Providing a stage for female youth to present themselves and represent the urban movement. STOMP Urban Dance Competition/Showcase is now one of the most anticipated premier youth events in the City of Toronto and is a key component in the division's youth engagement strategy.

Parks, Forestry and Recreation has strived to create an event where youth are celebrated and can collaborate and produce high calibre performances. STOMP Urban Dance Competition/Showcase celebrates the diversity of Toronto's youth, with its participants reflecting Toronto's multicultural community. The event provides young people with a platform to showcase their ability and perform at an enhanced level. This competition/showcase links the various City dance programs and is the culmination of months of rehearsals, choreography and coordination. Youth come to express themselves creatively in front of an audience filled with family, friends and peers.

For more information, please contact cthomas0@toronto.ca or 416-395-6031.



Projeztz - 2011 STOMP Advanced winners

# Aquatic Leadership

Become a lifeguard or swim instructor.

toronto.ca/swim

Call **3-1-1**