

**Scarborough  
District  
Spring and  
Summer 2012**

# **Adapted Programs Integrated Services**

**For People With Disabilities**

## **Exploring your Possibilities**

**P**articipating together in recreation programs enhances the quality of life for everyone. We are committed to providing the community with high quality, accessible recreation and leisure opportunities for people of all ages and abilities. People with disabilities and special needs are encouraged to participate in recreation opportunities at a level of participation suitable to their ability and program choice. This may be accomplished by registering for programs where an individual may require support in order to participate, or registering for a program that is specifically designed for people with a disability.

Here are some helpful questions to determine whether a participant may need additional support:

- Is extra support required at school or home?
- Is extra help required for personal hygiene?
- Does the participant have a physical and/or developmental disability that requires assistance?
- Does the participant access assistance from a support agency?




## **Participant Support Options for Programs and Camps**

1. We have a limited number of staff who can provide support for individuals. 3 years and up, in order for them to participate in various programs.
2. A participant may provide their own support person.

Contact the Adapted Programs and Integrated Services recreation staff at the number listed below for assistance in obtaining participant support, or locating a recreation program.

**Adapted & Integrated Information 416-396-7760**

**TTY 416-396-4116 (for deaf and hard of hearing callers who have a TTY line)** 

## Registration Information

If you are a new participant/family accessing our services, call 416-396-7760, 3-4 weeks prior to the registration date. You will be asked to attend an information sharing session prior to the start of the program. This will assist us in providing you with the appropriate support in our programs and services.

Necessary forms will be provided and must be submitted to the District's Adapted and Integrated Office prior to the start of the program. These forms are required in order to participate.

Mail completed forms to:

Parks, Forestry & Recreation  
Adapted & Integrated Services  
Scarborough Civic Centre  
150 Borough Dr, 5th floor, Toronto M1P 4N7

### Please keep in mind:

- Parents/guardians must pay the program fee.
- If an integration worker is assigned to the participant, there will be no additional cost.
- Parents must arrange, or provide, transportation to programs.
- All applications are processed on a first-come, first-serve basis.
- In order to ensure equitable access, with our limited resources, participants may access a maximum of 2 courses (one aquatics and one general program) in the Spring session and 2 weeks of day camp during the Summer session with integration support.
- Integration staff provide support during the camp program, but not during extended care.

**Important:** Once you have registered your child in a program, you **MUST** register for an integration worker using the codes provided. However, this is only a request and dependant on staff availability. Should you have any questions, call 416-396-7760.

### Registration Methods:

Registration information, see pages 7-8.

1. **Program Integration registrations for spring and summer:** Online/Touch Tone/Telephone Assisted/In Person/Mail
2. **Adapted Program registrations:**
  - A) Spring – All methods in #1, except Online
  - B) Summer – All methods in #1.

## Program Information

### Program Integration

Integration workers are offered so that participants with disabilities may choose to join programs for the mutual benefit of experiencing recreation interests together with other participants. Integration support may be offered in a 1:1, 1:2 or 1:3 ratio.

### Adapted Programs

Adapted programs are specialized programs for individuals who have special needs and/or disabilities. Programs are for participants who want to be involved in recreation activities with other people who have similar interests, abilities and needs in a safe and positive environment. Staff are appropriately assigned to these programs, therefore eliminating the need for additional support staff.

## Adaptive Equipment

### Sledges

Sledges are adaptive skating devices that give people with disabilities the opportunity to participate in leisure skate and hockey activities. This equipment makes our facilities more accessible to all. Book your sledge a minimum of 10 business days before your intended use, by calling your district representative.

**Etobicoke York:** 416-394-8533

**North York:** 416-395-6183

**Scarborough:** 416-396-7760

**Toronto & East York:** 416-397-4923

### Snnozelen Room

A Snnozelen Room provides a multi-sensory environment that allows individuals with disabilities to enjoy gentle stimulation of the primary senses, including visual, tactile, auditory and aromatherapy. This room aims to provide an oasis of tranquility where the user can relax and be given the opportunity to choose an activity at their own pace. Session times must be pre-booked in advance.

**Location:** Scarborough District  
Agincourt RC, 31 Glen Watford Dr  
(Sheppard Ave E/Midland Ave area)

**Days & Times:** Tue, 1PM-6PM & Thu/Sat, 10AM-4PM

**Fee/Length of Sessions:** \$6/45 minute session

For more information, or to book a session call 416-396-7760.

## Spring Programs

We have a variety of high quality recreation and leisure programs for individuals of all ages. If you have a disability/special need, and staff support is needed:

- Register for your program.

**NEW** – If you are requesting a support worker to assist your child in a program, please also register for support using the code below.

Day	Time	Start	Code
<b>Integration Worker</b>		3-15 yrs	Free
M-Su	9AM-9PM	Various	2000215

### Note:

1. There is a limited number of support staff available. Registration for support is provided on a first-come, first-serve basis and based on staff availability.
2. You may provide your own one-on-one support person. Call 416-396-7760 or 416-396-5273 for further details.

## Crest Club

Swimming program for youth and adults with developmental disabilities. Call 416-396-4006 (after 6PM) for more info.

## MINDS IN MOTION:

### Aquafit (21-29 yrs)

For individuals with an intellectual disability. Centennial Pool is not accessible to those with a physical disability, there are stairs to get into the pool area and no pool lift.

### Chef's Delight (21-29 yrs)

This course teaches healthy eating choices on a budget. Participants select a menu, shop, handle money, use T.T.C. and prepare meals. Program is for individuals with an intellectual disability.

## Circle of Friends (30 yrs+)

Program varies each session. Activities include walking in the community, stretching, crafts, social time and participants' interest.

## TGIF (Thank Goodness it's Friday) (16-29 yrs)

Activities include going to the movies, swimming, bowling and socializing with theme nights and games. There will be a cost associated with some of the outings. Program is for individuals with an intellectual disability.

## TTC Out & About (16-29 yrs)

This program is a one-on-one opportunity for TTC and street safety training. Program is for individuals with an intellectual disability.

## Enterprising Adults (21-29 yrs)

This program offers physical fitness, community education and outings, as well as personal safety and developing job skills. Program is for individuals with an intellectual disability.

## Community Partner Programs

### AcTiVe8 (19 yrs+)

This program runs in collaboration with Community Living Toronto and Pegasus Community Project. AcTiVe8 provides adults with developmental disabilities daytime recreation opportunities. Participants enjoy a range of activities which include components on nutrition, physical activity, fine arts, workshops, community outings and more.

## Barrier Free Access to Swimming Program (16 yrs+)

The program provides attendant care support in the change rooms and water support in the pool. Change room support is provided by Tobias House Attendance Care Inc. and water support is provided by Parks, Forestry and Recreation staff. To be eligible for the program participants must live in Toronto, have a physical disability, and require assistance before, during or after swimming. Call the Tobias House at 416-690-8804 ext. 303 for more information and to register for the program.

### CEDARBRAE CI

550 Markham Rd, 416-396-4006 (after 6pm)

Day	Time	Start	Code
<b>Crest Club Swim</b>		1 yrs+	Free/9 wks
Tue	6PM-9PM	Mar 27	N/A

### CENTENNIAL RC

1967 Ellesmere Rd, 416-396-4060

<b>Minds in Motion-Aquafit</b>		16 yrs+	\$97/9 wks
Tue	8:30PM-9:30PM	Mar 27	1930755

### CURRAN HALL CC

277 Orton Park Rd, 416-396-5156

<b>TTC-Out &amp; About</b>		16-29 yrs	\$100/8 sessions
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Call 416-396-5143 to register.

<b>Cooking-Chef's Delight</b>		18-29 yrs	\$85/9 wks
Wed	9:30AM-4PM	Mar 28	1982031

			\$43/4 wks
Wed	9:30AM-4PM	May 30	1982032

<b>TGIF</b>		16-29 yrs	Free/9 wks
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Fri	6:30PM-9:30PM	Mar 30	1982033
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### DON MONTGOMERY CRC

2467 Eglinton Ave E, 416-396-4043

<b>Drama-Music Mash-up</b>		13-19 yrs	\$32/9 wks
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Sun	3PM-4PM	Mar 25	1984339
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### HERON PARK CRC

292 Manse Rd, 416-396-4035

<b>Enterprising Adults</b>		16-29 yrs	\$126/9 wks
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Mon	9AM-3PM	Mar 26	1969983
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## MALVERN CRC

30 Sewells Rd, 416-396-4054



Day	Time	Start	Code
<b>Shining Stars Dance</b> 12-29 yrs Free/12 wks			
Fri	6:30PM-8:30PM	Mar 30	1929556
<b>Shining Stars Games</b> 12-29 yrs Free/12 wks			
Fri	4:30PM-6:30PM	Mar 30	1929555
<b>Shining Stars Gym</b> 12-29 yrs Free/11 wks			
Sat	1:30PM-3:30PM	Mar 24	1929557
<b>Shining Stars Lounge</b> 12-29 yrs Free/12 wks			
Sun	12NOON-2PM	Mar 25	1929558

## ST. MARK'S UNITED CHURCH

115 Orton Park Rd, 416-396-5143



<b>Circle of Friends</b> 30 yrs+ \$111/9 wks			
Tue	11AM-2PM	Mar 27	1986258

## WARDEN HILLTOP CC

25 Mendelssohn St, 416-392-7640



<b>AcTiVe8</b> 19 yrs+ \$120/9 wks			
Tue	9AM-3PM	Mar 27	1978062
Thu	9AM-3PM	Mar 29	1978063

## Summer Camps

All special services camps operate for 7 weeks from July 3-Aug. 17 (excluding Aug. 6).

For more information or to register, call 416-396-7760 before March 4.

**NEW** – If you are requesting a support worker to assist your child in a camp, please also register for support using the codes below.

### SUMMER SESSION

<b>Integration Worker</b> 3-15 yrs Free/4 days			
Tu-F	9AM-4PM	Jul 3	1964459
Free/5 days			
M-F	9AM-4PM	Jul 9	1964460
M-F	9AM-4PM	Jul 16	1964461
M-F	9AM-4PM	Jul 23	1964462
M-F	9AM-4PM	Jul 30	1964463
Free/4 days			
M-F	9AM-4PM	Aug 7	1964464
Free/4 days			
M-F	9AM-4PM	Aug 13	1964465

## Junior & Senior Buddies

(4-13 yrs)

The Buddies program is a summer camp for children with intellectual disabilities. Weekly trips, swimming, special events. Fee includes program materials, trips and supplies. Ratio of 1 staff for every 4 participants.

## Minds in Motion (14-29 yrs)

This camp is for individuals with an intellectual disability. It runs like a functional life skills program that incorporates meal preparation, daily exercise, swimming, games, theme days, picnics, dance as well as street and T.T.C. training. Ratio of 1 staff for every 4 participants.

## Special Friends (14-29 yrs)

Special Friends is a summer camp for youth and adults with intellectual disabilities. Weekly trips, swimming, special events. Fee includes program materials, trips and supplies. Ratio of 1 staff for every 5 participants.

## AGINCOURT RC

31 Glen Watford Dr, 416-396-4037



Day	Time	Start	Code
<b>Adventure Camp: Special Friends</b> 14-30 yrs \$85/4 days			
Tu-F	9AM-4PM	Jul 3	1992283
\$107/5 days			
M-F	9AM-4PM	Jul 9	1992287
M-F	9AM-4PM	Jul 16	1992289
M-F	9AM-4PM	Jul 23	1992290
M-F	9AM-4PM	Jul 30	1992294
\$85/4 days			
Tu-F	9AM-4PM	Aug 7	1992295
\$107/5 days			
M-F	9AM-4PM	Aug 13	1992297

*Agincourt RC continues...*

Day	Time	Start	Code
<b>EXTENDED CARE</b>			
<b>Extended Care: AM</b> 14-30 yrs \$5/4 days			
Tu-F	8:30AM-9AM	Jul 3	1964523
\$6.50/5 days			
M-F	8:30AM-9AM	Jul 9	1964524
M-F	8:30AM-9AM	Jul 16	1964525
M-F	8:30AM-9AM	Jul 23	1964526
M-F	8:30AM-9AM	Jul 30	1964527
\$5/4 days			
Tu-F	8:30AM-9AM	Aug 7	1964528
\$6.50/5 days			
M-F	8:30AM-9AM	Aug 13	1964529
<b>Extended Care: PM</b> 14-30 yrs \$5/4 days			
Tu-F	4PM-4:30PM	Jul 3	1964530
\$6.50/5 days			
M-F	4PM-4:30PM	Jul 9	1964531
M-F	4PM-4:30PM	Jul 16	1964532
M-F	4PM-4:30PM	Jul 23	1964533
M-F	4PM-4:30PM	Jul 30	1964534
\$5/4 days			
Tu-F	4PM-4:30PM	Aug 7	1964535
\$6.50/5 days			
M-F	4PM-4:30PM	Aug 13	1964536

## H.A. HALBERT JES

31 McCowan Rd, 416-396-7760

### Adventure Camp: Special Friends

14-30 yrs \$85/4 days			
Tu-F	9AM-4PM	Jul 3	1992311
\$107/5 days			
M-F	9AM-4PM	Jul 9	1992314
M-F	9AM-4PM	Jul 16	1992317
M-F	9AM-4PM	Jul 23	1992320
M-F	9AM-4PM	Jul 30	1992321
\$85/4 days			
Tu-F	9AM-4PM	Aug 7	1992325
\$107/5 days			
M-F	9AM-4PM	Aug 13	1992328

### EXTENDED CARE

<b>Extended Care: AM</b> 14-30 yrs \$5/4 days			
Tu-F	8:30AM-9AM	Jul 3	1964495
\$6.50/5 days			
M-F	8:30AM-9AM	Jul 9	1964496
M-F	8:30AM-9AM	Jul 16	1964497
M-F	8:30AM-9AM	Jul 23	1964498
M-F	8:30AM-9AM	Jul 30	1964499
\$5/4 days			
Tu-F	8:30AM-9AM	Aug 7	1964500

*H.A. Halbert JES continues...*

Day	Time	Start	Code
<b>Extended Care: AM</b> 14-30 yrs \$6.50/5 days			
M-F	8:30AM-9AM	Aug 13	1964501
<b>Extended Care: PM</b> 14-30 yrs \$5/4 days			
Tu-F	4PM-4:30PM	Jul 3	1964502
			\$6.50/5 days
M-F	4PM-4:30PM	Jul 9	1964503
M-F	4PM-4:30PM	Jul 16	1964504
M-F	4PM-4:30PM	Jul 23	1964505
M-F	4PM-4:30PM	Jul 30	1964506
			\$5/4 days
Tu-F	4PM-4:30PM	Aug 7	1964507
			\$6.50/5 days
M-F	4PM-4:30PM	Aug 13	1964508

**MAPLEWOOD HS**

120 Galloway Rd, 416-396-5143

**Adventure Camp: Minds in Motion Camp**

16-29 yrs \$85/4 days

Tu-F	9AM-4PM	Jul 3	1986400
			\$214/10 days
M-F	9AM-4PM	Jul 9	1986405
M-F	9AM-4PM	Jul 23	1986409
			\$192/9 days
M-F	9AM-4PM	Aug 7	1986412

**EXTENDED CARE**

<b>Extended Care: AM</b> 16-29 yrs \$10/4 days			
Tu-F	8AM-9AM	Jul 3	1986824
			\$26/10 days
M-F	8AM-9AM	Jul 9	1986828
M-F	8AM-9AM	Jul 23	1986830
			\$23/9 days
M-F	8AM-9AM	Aug 7	1986846
<b>Extended Care: PM</b> 16-29 yrs \$10/4 days			
Tu-F	4PM-5PM	Jul 3	1986855
			\$26/10 days
M-F	4PM-5PM	Jul 9	1986858
M-F	4PM-5PM	Jul 23	1986880
			\$23/9 days
M-F	4PM-5PM	Aug 7	1986881

**ST. BARTHOLOMEW CSS**

51 Heather Rd, 416-396-7760

**Adventure Camp-Junior Buddies**

6-13 yrs \$85/4 days

Tu-F	9AM-4PM	Jul 3	1992364
			\$107/5 days
M-F	9AM-4PM	Jul 9	1992369

*St. Bartholomew CSS continues...*

Day	Time	Start	Code
<b>Adventure Camp-Junior Buddies</b>			
		6-13 yrs	\$107/5 days
M-F	9AM-4PM	Jul 16	1992370
M-F	9AM-4PM	Jul 23	1992373
M-F	9AM-4PM	Jul 30	1992376
			\$85/4 days
Tu-F	9AM-4PM	Aug 7	1992385
			\$107/5 days
M-F	9AM-4PM	Aug 13	1992387

**EXTENDED CARE**

<b>Extended Care: AM</b> 6-13 yrs \$5/4 days			
Tu-F	8:30AM-9AM	Jul 3	1964509
			\$6.50/5 days
M-F	8:30AM-9AM	Jul 9	1964510
M-F	8:30AM-9AM	Jul 16	1964511
M-F	8:30AM-9AM	Jul 23	1964512
M-F	8:30AM-9AM	Jul 30	1964513
			\$5/4 days
Tu-F	8:30AM-9AM	Aug 7	1964521
			\$6.50/5 days
M-F	8:30AM-9AM	Aug 13	1964522
<b>Extended Care: PM</b> 6-13 yrs \$5/4 days			
Tu-F	4PM-4:30PM	Jul 3	1964514
			\$6.50/5 days
M-F	4PM-4:30PM	Jul 9	1964515
M-F	4PM-4:30PM	Jul 16	1964516
M-F	4PM-4:30PM	Jul 23	1964517
M-F	4PM-4:30PM	Jul 30	1964518
			\$5/4 days
Tu-F	4PM-4:30PM	Aug 7	1964519
			\$6.50/5 days
M-F	4PM-4:30PM	Aug 13	1964520

**WEST HILL CI**

350 Morningside Ave, 416-396-5156

**Adventure Camp-Junior Buddies**

4-8 yrs \$85/4 days

Tu-F	9AM-4PM	Jul 3	1992404
			\$107/5 days
M-F	9AM-4PM	Jul 9	1992408
M-F	9AM-4PM	Jul 16	1992409
M-F	9AM-4PM	Jul 23	1992430
M-F	9AM-4PM	Jul 30	1992434
			\$85/4 days
Tu-F	9AM-4PM	Aug 7	1992437
			\$107/5 days
M-F	9AM-4PM	Aug 13	1992457



*West Hill CI continues...*

Day	Time	Start	Code
<b>Adventure Camp-Senior Buddies</b>			
		9-13 yrs	\$85/4 days
Tu-F	9AM-4PM	Jul 3	1992462
			\$107/5 days
M-F	9AM-4PM	Jul 9	1992463
M-F	9AM-4PM	Jul 16	1992467
M-F	9AM-4PM	Jul 23	1992468
M-F	9AM-4PM	Jul 30	1992470
			\$85/4 days
Tu-F	9AM-4PM	Aug 7	1992471
			\$107/5 days
M-F	9AM-4PM	Aug 13	1992474

**EXTENDED CARE**

<b>Extended Care: AM</b> 4-13 yrs \$5/4 days			
Tu-F	8:30AM-9AM	Jul 3	1964481
			\$6.50/5 days
M-F	8:30AM-9AM	Jul 9	1964482
M-F	8:30AM-9AM	Jul 16	1964483
M-F	8:30AM-9AM	Jul 23	1964484
M-F	8:30AM-9AM	Jul 30	1964485
			\$5/4 days
Tu-F	8:30AM-9AM	Aug 7	1964486
			\$6.50/5 days
M-F	8:30AM-9AM	Aug 13	1964487
<b>Extended Care: PM</b> 4-13 yrs \$5/4 days			
Tu-F	4PM-4:30PM	Jul 3	1964488
			\$6.50/5 days
M-F	4PM-4:30PM	Jul 9	1964489
M-F	4PM-4:30PM	Jul 16	1964490
M-F	4PM-4:30PM	Jul 23	1964491
M-F	4PM-4:30PM	Jul 30	1964492
			\$5/4 days
Tu-F	4PM-4:30PM	Aug 7	1964493
M-F	4PM-4:30PM	Aug 13	1964494