

Toronto & East York District Fall 2011 and Winter 2012

Camps



Friendships Start Here!

During the school breaks, instead of sitting at home in front of the television or chatting online for hours why not join the fun and excitement in one of our great programs? Depending on the age groups and locations, participants can enjoy arts, crafts, music, drama, sports and games. Some locations offer specialty activities such as cooking, video, bocce, skating and trips. For specific activities, contact the location you are interested in.

Please note that some programs may have an additional fee for materials or supplies. Contact the program location for specific details.

Holiday and March Break Skating

Many rinks and arenas offer additional public skating times during the school breaks. Skating on your own, with friends or family is a great way to be active and have fun. Visit toronto.ca/parks/skating for details.

School Break Camps at Toronto's Historic Museums

Don't miss School Break camps and drop-in programs at Toronto's Historic Museums. Call 416-338-3888 for program information.

Toronto Parks, Forestry & Recreation's commitment to QUALITY children's programming

Positive Experiences for Children

- ★ Friendships
- ★ Positive Role Models
- ★ Skill Development
- ★ Physical Activity
- ★ FUN!

Parents/caregivers can trust that we will provide:

- ★ Trained, Caring Staff
- ★ Safe Environments
- ★ Policies and Procedures
- ★ Safe Staff Ratios
- ★ Diverse Community Experiences

We welcome your feedback and suggestions; please speak to staff at your community centre.

City of Toronto is a registered organization with nationally recognized HIGH FIVE®. HIGH FIVE® is Canada's only comprehensive quality standard for children's sport and recreation programs. HIGH FIVE® identifies five principles of healthy child development that are essential for quality programs: a caring adult, the opportunity to play, make friends, master skills and participate. HIGH FIVE® training, resources, policies and procedures and evaluative processes have been developed to empower organizations to focus on the elements that impact healthy child development and to instill quality in sport and recreation programming for children.



Research shows the experiences children have in recreation and sport at an early age carry a life long impact of becoming caring adults who contribute more effectively to the community.

FOUNDED BY Parks and Recreation Ontario
HIGH FIVE® A quality standard for children's sport and recreation

www.HIGHFIVE.org



Holiday Camps

EARL BEATTY CC

455 Glebeholme Blvd, 416-392-0752

Day	Time	Start	Code
Holiday Camp	6-13 yrs	\$82/4 days	
M-Th	9AM-4PM	Dec 19	1854528

EAST YORK CC

1081½ Pape Ave, 416-396-2880

Day	Time	Start	Code
Holiday Camp	6-13 yrs	\$82/4 days	
M-Th	9AM-4PM	Dec 19	1854529

JIMMIE SIMPSON RC

870 Queen St E, 416-392-0751

Day	Time	Start	Code
Holiday Camp	6-12 yrs	Free/5 days	
M-F	9AM-4PM	Dec 19	1877449

MAIN SQUARE CRC

245 Main St, 416-392-1070

Day	Time	Start	Code
Holiday Camp	6-12 yrs	\$82/4 days	
M-Th	9AM-4PM	Dec 19	1858247
Holiday Camp	6-12 yrs	\$82/4 days	
M-Th	9AM-4PM	Jan 3	1898712

Main Square CRC continues...

Day	Time	Start	Code
EXTENDED CARE			
Extended Care-AM 6-12 yrs \$9/4 days			
M-Th	8AM-9AM	Dec 19	1858248
Extended Care-PM 6-12 yrs \$9/4 days			
M-Th	4PM-5PM	Dec 19	1858249
Extended Care-AM 6-12 yrs \$9/4 days			
M-Th	8AM-9AM	Jan 3	1898712
Extended Care-PM 6-12 yrs \$9/4 days			
M-Th	4PM-5PM	Jan 3	1898712
MATTY ECKLER CRC			
953 Gerrard St E, 416-392-0750			
Preschool Camp 3-5 yrs \$54/4 days			
Tu-F	9:30AM-12NOON	Jan 3	1886418
Adventure Camp 6-12 yrs \$84/4 days			
Tu-F	9AM-4PM	Jan 3	1886417
SECORD CC			
91 Barrington Ave, 416-396-2857			
Holiday Camp 6-13 yrs Free/4 days			
M-Th	9AM-4PM	Dec 19	1854530

March Break Camps

ADAM BECK CC

79 Lawlor Ave, 416-392-0741

Day	Time	Start	Code
March Break Camp	6-12 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1895893

EXTENDED CARE

Extended Care-AM	6-12 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1895894
Extended Care-PM	6-12 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1895895

BOB ABATE CRC

485 Montrose Ave, 416-392-0744

Preschool Discovery Jr Camp-Half Day	18 mos-3 yrs	\$65/5 days	
M-F	9:30AM-11:30AM	Mar 12	1795504

Creative Play Camp-Half Day	3-5 yrs	\$65/5 days	
M-F	9:30AM-12NOON	Mar 12	1795498
M-F	1PM-3:30PM	Mar 12	1795502

Gymnastics-Kinder Camp-Half Day	4-5 yrs	\$77/5 days	
M-F	9AM-12NOON	Mar 12	1795499
M-F	1PM-4PM	Mar 12	1795503

Dance Dance Dance Camp	5-8 yrs	\$157/5 days	
M-F	9AM-4PM	Mar 12	1795496

All in One Sports Camp	6-9 yrs	\$157/5 days	
M-F	9AM-4PM	Mar 12	1795501

Gymnastics-Recreational Camp	6-10 yrs	\$157/5 days	
M-F	9AM-4PM	Mar 12	1795497

EXTENDED CARE

Extended Care-AM	5-13 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1795500
Extended Care-PM	5-13 yrs	\$24/5 days	
M-F	4PM-6PM	Mar 12	1898607

EARL BEATTY CC

455 Glebeholme Blvd, 416-392-0752

March Break Camp	6-13 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1854578

EAST YORK CC

1081½ Pape Ave, 416-396-2880

March Break Camp	6-12 yrs	\$106/5 days	
M-F	9AM-4PM	Mar 12	1854577

FRANKLAND CC

816 Logan Ave, 416-392-0749

Day	Time	Start	Code
Fun Camp	5-6 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1897451

Fun Camp	7-8 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1897452

Fun Camp	9-12 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1897453

March Break Camp	6-12 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1858945

EXTENDED CARE

Extended Care-AM	6-12 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1858947
Extended Care-PM	6-12 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1858946

JIMMIE SIMPSON RC

870 Queen St E, 416-392-0751

Preschool Camp	3-5 yrs	Free/5 days	
M-F	9:30AM-12NOON	Mar 12	1878326
M-F	1PM-3:30PM	Mar 12	1878328

Activity Camp	6-12 yrs	Free/5 days	
M-F	9AM-4PM	Mar 12	1891201

MAIN SQUARE CRC

245 Main St, 416-392-1070

Activity Camp	6-12 yrs	\$114/5 days	
M-F	9AM-4PM	Mar 12	1858509

EXTENDED CARE

Extended Care-AM	6-12 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1899552
Extended Care-PM	6-12 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1899553

MARY McCORMICK RC

66 Sheridan Ave, 416-392-0742

Preschool Camp	3-5 yrs	\$67/5 days	
M-F	9:30AM-12NOON	Mar 12	1890172
M-F	1PM-3:30PM	Mar 12	1890173

Activity Camp	5-7 yrs	\$106/5 days	
M-F	9AM-4PM	Mar 12	1890168

Activity Camp	8-11 yrs	\$106/5 days	
M-F	9AM-4PM	Mar 12	1890169

Activity Camp	12-15 yrs	\$106/5 days	
M-F	9AM-4PM	Mar 12	1890170

Mary McCormick RC continues...

Day	Time	Start	Code
EXTENDED CARE			
Extended Care-AM	5-15 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1890177
Extended Care-PM	5-15 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1890175
M-F	5PM-6PM	Mar 12	1890176

MATTY ECKLER CRC

953 Gerrard St E, 416-392-0750

Kinder Camp	3-5 yrs	\$67/5 days	
M-F	9:30AM-12NOON	Mar 12	1886420
M-F	1PM-3:30PM	Mar 12	1886421

Activity Camp	6-12 yrs	\$106/5 days	
M-F	9AM-4PM	Mar 12	1886419

MAURICE CODY CC

181 Cleveland St, 416-392-0747

March Break Camp	6-12 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1880244

EXTENDED CARE

Extended Care-AM	6-12 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1880245
Extended Care-PM	6-12 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1880246

PARKDALE CRC

75 Lansdowne Ave, 416-392-6696

Activity Camp	6-9 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1796405

Activity Camp	10-12 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1796406

EXTENDED CARE

Extended Care-AM	6-12 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1796450
Extended Care-PM	6-12 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1796451

REGENT PARK SOUTH CC

203 Sackville Green, 416-392-5490

March Break Camp	6-12 yrs	Free/5 days	
M-F	8:30AM-5PM	Mar 12	1880191

S.H. ARMSTRONG CRC

56 Woodfield Rd, 416-392-0734

Activity Camp	6-12 yrs	\$101/5 days	
M-F	9AM-4PM	Mar 12	1859402

EXTENDED CARE

Extended Care-AM	6-12 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1859423
Extended Care-PM	6-12 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1859424



SECORD CC

91 Barrington Ave, 416-396-2857

March Break Camp	6-12 yrs	Free/5 days	
M-F	9AM-4PM	Mar 12	1854579

ST. LAWRENCE CRC

230 The Esplanade, 416-392-1347

March Break Camp	6-12 yrs	\$69/5 days	
M-F	9AM-4PM	Mar 12	1895445

EXTENDED CARE

Extended Care-AM	6-12 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1895446
Extended Care-PM	6-12 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1895447

TORONTO ISLAND RECREATION

9 Queen's Quay W, 416-392-8192

Toronto Island Ropes Challenge Camp	8-14 yrs	\$275/5 days	
M-F	9AM-4PM	Mar 12	1879675

TRINITY CRC

155 Crawford St, 416-392-0743

Preschool Camp	4-5 yrs	\$125/5 days	
M-F	9AM-4PM	Mar 12	1859409

March Break Camp	6-12 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1859407

Sports Camp	7-9 yrs	\$157/5 days	
M-F	9AM-4PM	Mar 12	1859408

EXTENDED CARE

Extended Care-AM	4-12 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1859396
Extended Care-PM	4-12 yrs	\$24/5 days	
M-F	4PM-6PM	Mar 12	1859395

WALLACE EMERSON CC

1260 Dufferin St, 416-392-0039

Preschool Camp	3-5 yrs	\$65/5 days	
M-F	9:30AM-12NOON	Mar 12	1890188
M-F	1PM-3:30PM	Mar 12	1890189

Activity Camp	5-6 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1890184

Activity Camp	7-11 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1890183

Sports Camp	8-12 yrs	\$157/5 days	
M-F	9AM-4PM	Mar 12	1890185

Swim Camp	8-12 yrs	\$157/5 days	
M-F	9AM-4PM	Mar 12	1890186

Activity Camp	12-15 yrs	\$104/5 days	
M-F	9AM-4PM	Mar 12	1890182

Weight Room Camp	14-17 yrs	\$77/5 days	
M-F	1PM-4PM	Mar 12	1890187

EXTENDED CARE

Extended Care-AM	5-15 yrs	\$12/5 days	
M-F	8AM-9AM	Mar 12	1890178
Extended Care-PM	5-15 yrs	\$12/5 days	
M-F	4PM-5PM	Mar 12	1890179
M-F	5PM-6PM	Mar 12	1890180

WELLESLEY CC			
495 Sherbourne St, 416-392-0227			

March Break Camp	6-12 yrs	Free/5 days	
M-F	9AM-5PM	Mar 12	1869784

What does a quality recreation program look like?

Recreation activities play an important role in your child's life. When children are involved in something they like, they will keep doing it. Programs should be paced according to the needs of your child. Keep in mind not to over-schedule your child in too many activities.

A quality sport and recreation program:

- ★ protects your child from emotional or physical harm
- ★ is well planned and well delivered
- ★ is directed by a qualified and competent leader
- ★ fosters healthy relationships
- ★ does more than focus on competition
- ★ is supported by a competent organization

Founded by
Parks and
Recreation
Ontario



HIGH FIVE® A quality standard for children's sport and recreation

www.HIGHFIVE.org



**Toronto &
East York District
Fall 2011 and
Winter 2012**

Older Adults



Programming Descriptions

Did you know...that in addition to all of the Older Adult Programs that the City has to offer, if you are a City of Toronto resident over the age of 60 you can attend any adult Program at 50% of the cost? Refer to pages 37-58 of the brochure to check out these great opportunities.

Arts

Whether you would like to learn a new art medium or practice your skills there is an art Program for you. A variety of art Programs are available at all skill levels. Some art Programs will require additional supplies to be purchased. Contact the recreation centre for more information.

Dance

Older adult dance classes offer older adults an opportunity to learn a new dance or practice the steps to an old one. Whether you have a partner or not there is a dance class for you.

Keep active for Your Health

Programs specially designed for older adults provide a choice of activities and social opportunities. Meet new friends, visit with old ones, keep active and involved, and stay healthy. Recreation Programs, special events, workshops and get-togethers will keep your calendar full.

Some recreational Programs have additional fees associated with the Program (ie: materials or supply fees). Contact your local recreation office for specific details.

Fitness

There are a variety of fitness classes that are geared towards all levels of ability. From low impact, yoga and walking programs for those who are able to move independently, to chair fitness, Osteofitness and yoga classes for those older adults with some limitations. Refer to page 28 for a list of fitness program descriptions or contact the recreation centre for more information.

Social Programs

Many of the centres offer older adults the opportunity to meet up with old friends or make new ones. Cards, a variety of games or just a time and place to socialize are offered at a number of the centres. Refer to pages 11-13 for a centre closest to you.

Sports

The City offers a wide selection of sports Programs for older adults. Many of the centres have drop in Programs where you can just come and play.

Volunteer Opportunities

Looking for an opportunity to give back to your community? Why not volunteer? Contact your local community centre.

BEACHES RC

6 Williamson Rd, 416-392-0740

Day	Time	Start	Code
Osteo Fit 60 yrs+ \$31/9 wks			
Wed	11:45AM-12:45PM	Sep 28	1859717
Tai Chi: Level 1 60 yrs+ \$30/9 wks			
Thu	10:30AM-11:30AM	Sep 29	1905501
Tai Chi: Level 2 60 yrs+ \$30/9 wks			
Thu	9:30AM-10:30AM	Sep 29	1905502
Yoga 60 yrs+ \$30/9 wks			
Mon	1:30PM-2:30PM	Sep 26	1859718

WINTER SESSION

Osteo Fit 60 yrs+ \$31/9 wks			
Wed	11:45AM-12:45PM	Jan 11	1859733
Tai Chi: Level 1 60 yrs+ \$30/9 wks			
Thu	10:30AM-11:30AM	Jan 12	1905503
Tai Chi: Level 2 60 yrs+ \$30/9 wks			
Thu	9:30AM-10:30AM	Jan 12	1905504
Yoga 60 yrs+ \$30/9 wks			
Mon	1:30PM-2:30PM	Jan 9	1859734

BOB ABATE CRC

485 Montrose Ave, 416-392-0744

Osteo Fit 60 yrs+ \$29/9 wks			
Mon	11:30AM-12:30PM	Oct 3	1795177
Thu	11:30AM-12:30PM	Sep 29	1795179
Pilates 60 yrs+ \$28/9 wks			
Fri	10:15AM-11:15AM	Sep 30	1795178

WINTER SESSION

Osteo Fit 60 yrs+ \$29/9 wks			
Mon	1PM-2PM	Jan 9	1795369
Thu	1PM-2PM	Jan 12	1795370
Pilates 60 yrs+ \$28/9 wks			
Fri	10:15AM-11:15AM	Jan 13	1795371

WINTER SESSION

Bridge 60 yrs+ Free/9 wks			
Wed	1PM-3PM	Sep 28	1878548
Line Dance 60 yrs+ \$37/9 wks			
Tue	10AM-11:30AM	Sep 27	1878549
Pilates 60 yrs+ \$28/9 wks			
Thu	10:45AM-11:45AM	Sep 29	1878550

WINTER SESSION

Bridge 60 yrs+ Free/9 wks			
Wed	1PM-3PM	Jan 11	1878616
Line Dance 60 yrs+ \$37/9 wks			
Tue	10AM-11:30AM	Jan 17	1878617
Pilates 60 yrs+ \$28/9 wks			
Thu	10:45AM-11:45AM	Jan 12	1878618

EAST YORK CC

1081½ Pape Ave, 416-396-2880

Day	Time	Start	Code
Fitness-Cardio Low 60 yrs+ \$39/12 wks			
Tue	10:30AM-11:30AM	Sep 27	1875979
Thu	11AM-12NOON	Sep 29	1875980

MAIN SQUARE CRC

245 Main St, 416-392-1070

Euchre 60 yrs+ Free/12 wks			
Wed	7:30PM-9:30PM	Sep 28	1858521
Osteo Fit 60 yrs+ \$39/12 wks			
Mon	9:15AM-10:15AM	Sep 26	1859720

WINTER SESSION

Euchre 60 yrs+ Free/12 wks			
Wed	7:30PM-9:30PM	Jan 11	1859096
Osteo Fit 60 yrs+ \$35/11 wks			
Mon	9:15AM-10:15AM	Jan 9	1859900

MASARYK-COWAN CRC

220 Cowan Ave, 416-392-6928

Dance-Latin 60 yrs+ Free/9 wks			
Wed	3PM-3:45PM	Sep 28	1795108
Fitness-Cardio Low 60 yrs+ Free/10 wks			
Mon	11:15AM-12:15PM	Sep 26	1795118
Wed	11:15AM-12:15PM	Sep 28	1795116
Fri	11:15AM-12:15PM	Sep 30	1795117

WINTER SESSION

Dance- Latin 60 yrs+ Free/9 wks			
Wed	3PM-3:45PM	Jan 11	1856084
Fitness-Cardio Low 60 yrs+ Free/9 wks			
Mon	11:15AM-12:15PM	Jan 9	1856092
Wed	11:15AM-12:15PM	Jan 11	1856093
Fri	11:15AM-12:15PM	Jan 13	1856094

MATTY ECKLER CRC

953 Gerrard St E, 416-392-0750

This facility is temporarily closed for major mechanical and technical improvements. The reopening is anticipated to take place in Winter 2012 with a partial program complement.

WINTER SESSION

Badminton 60 yrs+ Free/12 wks			
Tu/F	1PM-3PM	Jan 3	1888463

RIVERDALE FARM

201 Winchester St, 416-392-6794

Day	Time	Start	Code
Games Room 60 yrs+ Free/9 wks			
M/Th/Sa	1PM-3:30PM	Sep 26	Drop-in

WINTER SESSION

Games Room 60 yrs+ Free/9 wks

M/Th/Sa	1PM-3:30PM	Jan 9	Drop-in
---------	------------	-------	---------

Bridge 60 yrs+ Free/12 wks

Tue	1PM-3PM	Oct 4	Drop-in
-----	---------	-------	---------

Fitness-Cardio Low 60 yrs+ \$3.75/visit

M/W/F	9AM-10AM	Sep 26	Drop-in
-------	----------	--------	---------

Social Club 60 yrs+ Free/12 wks

Wed	1PM-3PM	Oct 5	Drop-in
-----	---------	-------	---------

Sat 9AM-4PM Oct 1 Drop-in

Yoga-Hatha 60 yrs+ \$28/9 wks

Mon	10AM-11AM	Sep 26	1874856
-----	-----------	--------	---------

WINTER SESSION

Bridge 60 yrs+ Free/12 wks

Tue	1PM-3PM	Jan 17	Drop-in
-----	---------	--------	---------

Fitness-Cardio Low 60 yrs+ \$3.75/visit

M/W/F	9AM-10AM	Jan 16	Drop-in
-------	----------	--------	---------

Social Club 60 yrs+ Free/12 wks

Wed	1PM-3PM	Jan 18	Drop-in
-----	---------	--------	---------

Sat 9AM-4PM Jan 14 Drop-in

Yoga-Hatha 60 yrs+ \$28/9 wks

Mon	10AM-11AM	Jan 16	1874947
-----	-----------	--------	---------

STAN WADLOW CLUBHOUSE

373 Cedarvale Ave, 416-396-2842

Stan Wadlow Clubhouse offers a wide range of social, educational and support services to older adults in the community. Special events, bus trips, pot luck luncheons, seniors' clubs and weekly programs take place at this centre throughout the year. For program and membership information, contact the centre.

Cards-Bridge 60 yrs+ Free/12 wks

Tue	12NOON-3PM	Sep 27	1858849
-----	------------	--------	---------

Cards-Cribbage 60 yrs+ Free/12 wks

Tue	12NOON-3PM	Sep 27	1858853
-----	------------	--------	---------

Clubs-Skating Social 60 yrs+ Free/12 wks

Th/M	3:30PM-5:30PM	Sep 29	1858865
------	---------------	--------	---------

Clubs-Social 60 yrs+ Free/12 wks

M/W/F	9AM-10:30AM	Sep 30	1858885
-------	-------------	--------	---------

Clubs-Social-Sewing 60 yrs+ Free/12 wks

Thu	12NOON-3PM	Sep 29	1858857
-----	------------	--------	---------

Stan Wadlow Clubhouse continues...

Day	Time	Start	Code
Clubs-Stamp Club 60 yrs+ Free/12 wks			
Tue	9:30AM-11:30AM	Sep 27	1858850
Drawing & Painting 60 yrs+ \$57/12 wks			
Wed	9:30AM-12NOON	Sep 28	1858825
Wed	12:30PM-3PM	Sep 28	1858832
Fitness-Cardio Low 60 yrs+ \$39/12 wks			
Tue	9AM-10AM	Sep 27	1875981
Thu	10AM-11AM	Sep 29	1875982
Games-Bingo 60 yrs+ Free/12 wks			
Fri	1PM-3:30PM	Sep 30	1858860
Games-Carpet Bowling 60 yrs+ Free/12 wks			
Thu	1PM-3:30PM	Sep 29	1858851
Games-Darts 60 yrs+ Free/12 wks			
Fri	1PM-3:30PM	Sep 30	1858882
Games-Table Tennis 60 yrs+ Free/12 wks			
W/F-M	9AM-10AM	Sep 26	1858869
Woodcarving: Beginner 60 yrs+ \$34/9 wks			
Thu	9:30AM-11:30AM	Sep 29	1858834
Sat	9:30AM-11:30AM	Sep 24	1858844
WINTER SESSION			
Cards-Bridge 60 yrs+ Free/12 wks			
Tue	12NOON-3PM	Jan 10	1858986
Cards-Cribbage 60 yrs+ Free/12 wks			
Tue	12NOON-3PM	Jan 10	1858989
Clubs Social-Skating Social 60 yrs+ Free/12 wks			
Th/M	3:30PM-5:30PM	Jan 12	1858993
Clubs-Social-Sewing 60 yrs+ Free/12 wks			
Thu	12NOON-3PM	Jan 12	1858990
Clubs-Stamp Club 60 yrs+ Free/12 wks			
Tue	9:30AM-11:30AM	Jan 10	1858987
Drawing & Painting 60 yrs+ \$57/12 wks			
Wed	9:30AM-12NOON	Jan 11	1858981
Wed	12:30PM-3PM	Jan 11	1858982
Fitness-Cardio Low 60 yrs+ \$35/11 wks			
Tue	9AM-10AM	Jan 10	1876063
Thu	10AM-11AM	Jan 12	1876064
Games-Bingo 60 yrs+ Free/12 wks			
Fri	1PM-3:30PM	Jan 13	1858991
Games-Carpet Bowling 60 yrs+ Free/12 wks			
Thu	1PM-3:30PM	Jan 12	1858988
Games-Darts 60 yrs+ Free/12 wks			
Fri	1PM-3:30PM	Jan 13	1858996
Games-Table Tennis 60 yrs+ Free/12 wks			
F-M/W	9AM-10AM	Jan 9	1858994
Social Clubs 60 yrs+ Free/12 wks			
M/W/F	9AM-10:30AM	Jan 13	1858997

Stan Wadlow Clubhouse continues...

Day	Time	Start	Code
Woodcarving: Beginner 60 yrs+ \$34/9 wks			
Thu	9:30AM-11:30AM	Jan 12	1858983
Sat	9:30AM-11:30AM	Jan 7	1858984
TRINITY CRC			
155 Crawford St, 416-392-0743			
Basketball 60 yrs+ Free/13 wks			
Tu/Th	8AM-9:30AM	Sep 27	1858563
Cards-Men 60 yrs+ Free/14 wks			
Sa-Th	9AM-8PM	Sep 26	1858570
WINTER SESSION			
Basketball 60 yrs+ Free/13 wks			
Tu/Th	8AM-9:30AM	Jan 10	1859411
Cards-Men 60 yrs+ Free/14 wks			
Sa-Th	9AM-8PM	Jan 9	1859413

WELLESLEY CC

495 Sherbourne St, 416-392-0227



Day	Time	Start	Code
Walk-Fit 60 yrs+ Free/13 wks			
M-F	7:30AM-9AM	Sep 26	1869392
Sat	9AM-10AM	Oct 1	1869396
Weight Room 60 yrs+ Pass Option			
M-F	9AM-11AM	Sep 26	Drop-in
WINTER SESSION			
Walk-fit 60 yrs+ Free/13 wks			
M-F	7:30AM-9:30AM	Jan 9	1869690
Sat	9AM-10AM	Jan 14	1869697
Weight Room 60 yrs+ Pass Option			
M-F	9AM-11AM	Jan 9	Drop-in



Volunteers

Connecting with your community...

From tree planting and community gardens to special events, advisory councils, youth and special needs, volunteers play an important role in assisting in the delivery of services to the community. Share your expertise or develop new skills, we are interested in your leadership to enhance our programs and services.

Most recreation centres provide opportunities for volunteers. Contact your local centre for an opportunity near you.

To get involved, contact your local community centre.



Call **3-1-1**