

# Toronto and East York District Spring and Summer 2012

# Preschool



## Have fun with others and share your Playful Side

**P**reschool programs provide a creative, fun and safe place to introduce your child to new activities while building friendships and developing physical, social and sharing skills. For specific program activities, refer to the following descriptions.

**Some preschool programs have additional fees for materials or supplies, contact the program location directly for specific details.**

## Programming Descriptions

### Parent/Caregiver Required or Child Only

#### Caregiver & Tot Programs

In these programs, a parent, or caregiver of at least 14 years of age is required to directly supervise the child and actively participate in the program.

#### Child Only Programs

Children develop independently through active play and structured, instructor supervised activities. Parents or caregivers do not attend these programs. **Please note: instructors do not change diapers, children should be toilet trained.**

### Food Allergies & Restrictions

The City of Toronto and its staff cannot guarantee the contents or ingredients in foods or supplies within programs. If your child has a food allergy or restriction you must notify staff at the location in which the program is offered.

### Arts & Crafts

#### Art Pack

Basic instruction in a variety of art mediums.

#### Crafty Creations

Explore and use imagination to create basic crafts.

#### Individual Art Form—Painting/Sculpture/Drawing

Instruction and skill development in a specific art form.

#### Little Picassos

Exploration of various artists' work, fine art mediums and fundamental art principles.

#### Pottery

Instruction and skill development in the art of kiln fired pottery.

#### Puppet Playhouse

Discover the art of puppet making storytelling and the creation of individual puppets and puppet theatre.

#### Dance

Please see the Arts section on page 32.

#### Drama

**Drama**  
Explore emotions, physical mannerisms and participate in dramatic exercises inspiring imagination.

#### Story Time

An introduction to a variety of children's stories, incorporating crafts and dramatic play.

#### Storybook Adventures

Explore a variety of children's stories discussing plot, characters and setting. Create crafts and special projects based on each story.

#### Music

##### Making Music

Make music in a group setting with some basic instruments, props and singing.

##### Orchestra Discovery

Create your own instruments and discover how they work together to create sounds, rhythm and music.

##### Sing-A-Long Time

An introduction to singing age-appropriate songs and activities.

### General Interest

#### Building Fun

Explore building activities through ongoing projects while constructing various objects using tools and materials.

#### Creative Chefs

This cooking program lets children explore and be creative with food while learning etiquette, food groups, and healthy food choices.

#### Little Engineers

Learn the foundations of engineering design, weights and measures, and physics.

#### Little Farmers

Discover farm animal life through crafts & activities while visiting a farm environment.

#### Science Fun

An opportunity to explore and use imagination through basic science experiments.

#### Science Lab

Explore the foundations of science which may include chemical reactions, flight dynamics, cellular mechanics, and the inner working of the human body.

#### Simply Cooking

An introduction to cooking and baking.

### Indoor Playground

Children participate in active play. Equipment may vary based on location. Caregivers may be required to participate (please contact staff at your program location). Program listings with a "Course Code" require participant registration and regular attendance. Drop-in programs do not require pre-registration.



## Sports

### Athletic Adventures

Exposure to the fundamentals of specialty sports and fitness activities in a non-competitive environment, which may include: archery, golf, tennis, martial arts, yoga, pilates, track and field events and badminton.

### Individual Sport – Ball Hockey/Basketball/Martial Arts/Soccer/Tennis/Yoga

Basic introduction to a specific sport with an emphasis on developing skills, team work and fair play in a non-competitive environment.

### Jump and Play

Active program for children who like to climb, ride, jump and explore.

## Sports Pack

An introduction to a range of sports and activities with an emphasis on developing motor skills, team work and fair play in a non-competitive environment.

## Supervised Play

### Creative Playtime

Enjoy crafts, story time, music, creative play and active play while interacting and socializing with other participants.

### Preschool Discovery

Enhance social, learning and creative skills through the use of play and activity centres.

**Toronto Parks, Forestry & Recreation's commitment to QUALITY preschool programming**

**Our staff are positive role models that foster healthy child development in a safe, caring environment.**

**Learning through play promotes:**

- ★ Independence
- ★ Friendships
- ★ Co-operation
- ★ Imagination
- ★ Creativity
- ★ Confidence
- ★ Physical Activity
- ★ Problem Solving
- ★ Skill Development

**And most of all – FUN!**

We welcome your feedback & suggestions, please speak to staff at your community centre.



Sportability teaches young children, 2 to 5 years old, how to focus their attention while having fun developing basic skills such as walking, running, jumping, hopping, skipping, throwing, catching, kicking a ball, batting and rolling. Every child will experience the thrills of learning new skills. Parents and guardians of 2 and 3 year olds are required to participate in the program with their children. Caregivers and children should wear loose clothing and running shoes.



Imagine playing in a two-storey indoor play structure surrounded by a meadow-like atmosphere... go down the spiral slide, swing on the track ride, climb the cargo elevator, play in the ball pool with 8,000 balls and much more.

Birthday parties are popular at Playground Paradise. Come and experience the fun. Call 416-395-6014 to book your party today.

### Spring Hours: April-June

Mon & Wed – 9:30AM-11:30AM,  
1PM-3PM, 4:30PM-8:30PM  
Friday – 1PM-3PM, 4:30PM-8:30PM  
Saturday & Sunday – 12:30PM-5PM

### Summer Hours: July-September

Mon & Wed – 10AM-3PM,  
4:30PM-8:30PM  
Friday – 1PM-4PM, 4:30PM-8:30PM  
Saturday & Sunday – 12:30PM-5PM

Hours may change during school breaks, call ahead to confirm. Please call for fees.

All children must be accompanied by a caregiver 14 years or older.

Everyone must bring and wear socks in the playground.

150 Grenoble Drive (south-east Don Mills & Eglinton) • 416-395-6014



Call **3-1-1**



## The Children's Teaching Kitchen

### Look what's sprouted at the High Park Children's Garden

The environmentally sustainable, straw bale Children's Teaching Kitchen will be open for programs this spring. Children and youth will be able to pick ingredients straight from the garden and learn how to turn healthy, fresh fruit and vegetables into tasty snacks and meals.

For more information on camps and programs check out the Etobicoke-York FUN Guide or visit:

[torontochildrengarden.ca](http://torontochildrengarden.ca)



Call **3-1-1**